

MARKED SPECIFICATION

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Ser. No. 10/580,226

BODY STICKING SHEET



BACKGROUND OF THE INVENTION

Technical Field

The present invention relates to a body sticking sheet used to apply for application to a body for the purposes of to provide assistance for weakened portions of muscle; and accelerations of to accelerate cure and recovery of damages in muscle fibers, muscle spasm and the like.

Background Art

When a human being moves his [[()]] or her, and so forth) body in [[his]] daily life, or during sports and the like, his muscle is muscles may become fatigued, whereby muscle affection can be affected, and muscle spasm and the like are caused may result. When such tendency becomes remarkable pronounced, muscle pain arises, resulting in affections in respective regions in the body being affected, in addition to causing low back pain. Furthermore, there are causes of physical damages and affections derived from the ease injuries may occur where strong muscle portions and weak muscle portions appear in the body; and unnecessary stresses are added to the weak portions. With respect to such physical damages and other problems affections, a treatment for using a fixing tool and fixing an affected area with a bandage support, tape and the like to protect the

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affected area; and a treatment for suppressing inflammation with ~~antiinflammatory~~  
anti-inflammatory analgesic plaster and icing to prevent deleterious changes in the affected area are adopted other than by therapies.

On the one hand, usual stiffness in a shoulder or muscle pains, which are

5        [[being]] common problems in many ~~peoples~~ people, are considered to derive from such major causes due to hematogenous disorder or degradation of functions for removing fatigue products derived from decrease in frequency of usage (contraction motion in muscle) in muscle of a region concerned. As to stiffness in the shoulder or muscle pains, ~~such-a~~ treatment for moderating symptoms may include fixing [[that]] an affected area ~~is fixed~~ with a tape, or [[that]] promoting relaxation of the muscle ~~is promoted~~ by means of a magnetic therapeutic instrument, an ~~antiinflammatory~~ anti-inflammatory analgesic plaster and the like ~~is executed~~.

15      Although a taping treatment is effective in both [[the]] of these cases, as mentioned above, there may be a case where negative effects, such as disorder of movement, arise as a result of fixing over the peripheral portion of an affected area, whereby the motion of muscle is restricted so far as the taping tape or sheet is adequately applied. Furthermore, when an affected area is excessively fixed, induction of natural healing power is damaged so that a [[much]] an extended period of time is required until reaching complete cure. Such problems may also be considered to be common in a bandage type supporter.

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As a taping tape (including a sheet), a simple product obtained by applying only an adhesive on a backside of a cloth or a similar material having stretchability and a predetermined shape is commonly used. Heretofore, such type of a taping tape has been suggested, wherein the whole of the cloth or the similar material is made of the same raw material and in the same weaving manner, and thus all the area of the taping tape has an even degree of shrinkage. Among them, there is a product which is stickingly adhesively applicable to an area having a complicated configuration, such as joints of a body without accompanying wrinkles (see Japanese Patent Application Laid-Open No. 2002-35196), or another product which is respondable to complicated motions in joints (see Japanese Patent Application Laid-Open No. 10-192337). However, these products are those having an even degree of shrinkage over the whole surface thereof, respectively.

In the case of taping, it is considered to be desirable that a tape is stuck on an affected area so as to [[make]] cause muscle to be contracted. In these circumstances, for achieving the above-described ideal stuck conditions of a tape, it is required to adjust adjusting a state of tension in every region in the tape is required.[[;]] and such correct treatment is difficult, so far as a practitioner is a [[very]] highly skilled person.

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When an ordinary person practices ~~easily~~ such taping, there is a danger of resulting in that the disorder of movement or the degradation of natural healing power will result, as mentioned above.

The present invention has been made under the conditions as mentioned above. Accordingly, so that an object of the present invention is to provide a body sticking tape with which everybody can apply a proper taping [[in]] such that muscle is allowed to contract toward an affected area.

### Disclosure of the Invention

#### SUMMARY OF THE INVENTION

A body sticking sheet according to the present invention is characterized by including includes a portion with a small degree of shrinkage applied to an affected area, and a portion with a large degree of shrinkage around the former portion.

In the case of taping the body sticking sheet, the portion with a small degree of shrinkage is stuck on the body in a condition wherein it is placed over the affected area. When the body sticking sheet is stuck on the body as described above, the portion with a large degree of shrinkage on the sticking sheet functions to make the muscle around the affected area to be contractive toward the side thereof.

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The body sticking sheet of the present invention exhibits such function so that the muscle around the affected area is allowed to contract toward the side thereof by merely sticking the sheet on a body portion with centering on the affected area, without accompanying a particularly difficult practice. Accordingly, 5 the body sticking sheet of the invention may decrease pains or damages in muscle, and further accelerate natural healing power to achieve early recovery of the damaged muscle. In addition, besides the body sticking sheet is also effective for assistance of a weak portion of muscle force.

~~Brief Description of the Drawings~~

10 BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a diagram showing a first example (example 1) of the body sticking sheet;

FIG. 2 is a diagram showing a second example (example 2) of the body sticking sheet;

15 FIG. 3 is a diagram showing a third example (example 3) of the body sticking sheet; [[and]]

FIG. 4 is a diagram showing a fourth example (example 4) of the body sticking sheet. Moreover,

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FIG. 5 is a view for showing an applied state of the body sticking sheet of the first example;

FIG. 6 is a view for showing an applied state of the body sticking sheet of the second example;

5 FIG. 7 is a view for showing an applied state of the body sticking sheet of the third example; and

FIG. 8 is a view for showing an applied state of the body sticking sheet of the fourth example.

~~Best Mode for Carrying out the Invention~~

10 DETAILED DESCRIPTION OF THE INVENTION

A variety of shapes of the body sticking sheet of the present invention in response to a body portion on which the body sticking sheet is to be stuck or symptoms in an affected area may be considered within a range including a basic configuration, wherein a portion with a large degree of shrinkage is disposed around another portion with a small degree of shrinkage, are depicted in the various drawings. FIGS. 1 to 4 show such examples of each modified [[one]] example, wherein reference characters 1A, 1B, 1C, and 1D designate body sticking sheets, 2 designates each of the portions with each small degree of shrinkage, and 3 designates each of the portions with each large degree of

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shrinkage. In this case, it may be arranged [[in]] such that no adhesive is applied on the sheet, but such that the body sticking sheet is stuck on a body by means of a band mounted on the body sticking sheet.

Two types of raw materials having different degrees of shrinkage are  
5 combined to form the portion 2 with a small degree of shrinkage and the portion 3 with a large degree of shrinkage, respectively. It is preferred that a degree of shrinkage a of the portion 2 with a small degree of shrinkage is 0% or more, while a degree of shrinkage b of the portion 3 with a large degree of shrinkage is 2 to 20 times higher than that of shrinkage a. Due to a difference between the degrees of  
10 shrinkage in both the portions 2 and 3, for example, as shown in FIG. 1, the portion 3 with a large degree of shrinkage may be expanded and contracted radially (toward the directions represented by the arrows of dashed lines) with centering on the portion 2 with a small degree of shrinkage. It is preferred that a size of the portion 2 with a small degree of shrinkage is around 5 to 50 mm.

15 [[()]]Example 1[()]]

FIG. 5 illustrates an example wherein the body sticking sheet 1A shown in FIG. 1 is applied to chronic stiffness in the shoulder. A cause for stiffness in the shoulder is considered to be such that opportunities of attollens movement for bringing up the shoulder upwards decrease in working and ~~a dairy~~ daily life,  
20 whereby contraction of muscle such as cowl muscle, levator scapulae muscle,

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supraspinatus muscle, semispinalis capitis muscle, splenius capitis muscle and the like is not performed. As a result, a circulation of blood becomes worse, whereby a feed of oxygen and nutritional elements decrease, and the muscle itself scleroses, resulting in pains in the muscle itself and compression of nerve, head  
5 ache and the like, accompanied therewith.

When the body sticking sheet 1A is stuck on the portion of stiffness in the shoulder, contractive motion of the above-described muscles arises, whereby blood flow to an affected portion is promoted to sufficiently feed sufficiently oxygen and nutritional elements, so that the stiffness in the shoulder is improved.

10 Since a body region where the stiffness in the shoulder appears is positioned on both the front and rear sides between a substantially straight line shoulder line, it is preferred to use the rectangular body sticking sheet 1A shown in FIG. 1.

[[()]]Example 2[[()]]

FIG. 6 illustrates an example, wherein the body sticking sheet 1B shown in  
15 FIG. 2 is applied to a baseball shoulder. A cause for [[the]] baseball shoulder is considered to be a decrease in muscular function of a muscle group (supraspinatus muscle, infraspinatus muscle, teres minor muscle, and subscapular muscle),  
referred to called by the name of inner muscle. The role of the inner muscle has a  
role is to maintain stability of shoulder joints, and particularly, it is required for  
20 motions (elevating and revolving an arm) of the brachial part. When muscular

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functions of the inner muscle decreases to lose stability in shoulder joints, stresses are given to the joint portion by means of a muscle group exhibiting remarkable muscle contraction (greater pectoral muscle, cowl muscle, deltoid muscle, and latissimus dorsi muscle) ~~called by the name of i.e., the outer muscle, whereby~~ 5 inflammation cases in a synovial capsule for smoothening sliding of a tendon, so that pain appears.

When the body sticking tape 1B is stuck on an inner muscle having a small muscle amount, it becomes possible to elevate muscular functions of the inner muscle, whereby the shoulder joint can be stabilized. As a result, cooperativeness between the inner muscle and the outer muscle increases, whereby effects for preventing physical damages and improving mobility in a peripheral portion of the shoulder may be obtained. Since a region containing the inner muscle has an outline expanding outwards into a ~~bowl-shaped bowl shape~~, ~~it is preferred to use~~ 10 ~~of~~ a sticking sheet having a shape wherein the portion 3 with a large degree of shrinkage is provided with a notched portion 3a or an incision as in the body sticking sheet 1B shown in FIG. 2 is preferred.

[[()]]Example 3[()]]

FIG. 7 illustrates an example wherein the body sticking sheet 1C shown in FIG. 3 is applied to muscle damage (muscle strain). The muscle damage means a state wherein muscle fibers are torn so that a damaged region of the muscle fibers 20

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bleeds. For treatment of the muscle damage, such treatment that the damaged region is generally iced, and then it is kept quiet in bed ~~is usually taken~~. To keep the damaged region quiet in bed brings about regeneration of the muscle to cure the damaged region. On the other hand, however, there is a fear of resulting in a

5 cause for that secondary affection, such as muscle induration and the like as a result of coagulation of blood which bled as a result of the injury may result.

Furthermore, there is also [[such]] a problem that motion of the muscle is restricted, and further, a term for recovery is prolonged.

When the body sticking sheet 1C is stuck on a body in such manner that  
10 the portion 2 with a small degree of shrinkage is applied over the damaged region, the muscle around the damaged region contracts toward the side of the damaged region, whereby early removal of the blood bled out and pain producing substances is promoted due to a pressure derived from the contraction, to assist regeneration of the muscle, and in addition, the damaged region is protected by  
15 the pressure of the contraction. In the case where a body sticking sheet is stuck on the quadriceps muscle, it is preferred to use of the body sticking sheet 1C shown in FIG. 3 having a circular outline is preferred in order to avoid fixing of the muscle over an unnecessary range, to result in disturbance in gait.

[[()]]Example 4[()]

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FIG. 8 illustrates an example wherein the body sticking sheet 1D shown in FIG. 4 is applied to a rupture of the gluteal muscle group, wherein the body sticking sheet having a triangular outline is used, with taking into consideration characteristics of motion in the gluteal muscle group into consideration.

### 5 Industrial Applicability

The body sticking sheet of the present invention is not limited to a taping product, but it is also applicable to a product on which an antiinflammatory anti-inflamatory analgesic plaster, or medicinal properties are applied.

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Abstract

A body sticking sheet ~~allowing everybody which allows even untrained~~  
~~users to apply, to a body, a proper taping operable for contracting muscle toward~~  
~~an affected area, comprising includes a portion [[(2)]] with small degree of~~  
5 ~~shrinkage applied to the affected area and a portion [[(3)]] with large degree of~~  
~~shrinkage around the portion [[(2)]].~~ The body sticking sheet [[(1)]] is used by  
~~sticking being applied to the body in the state in which the portion [[(2)]] with the~~  
~~small degree of shrinkage comes into contact with the affected area so that the~~  
~~portion [[(3)]] with the large degree of shrinkage acts so that the muscle around~~  
10 ~~the affected area shrinks toward the affected area. Thus, the body sticking sheet~~  
~~has effects on the assistance of muscular function and the promotion of blood~~  
~~flow.~~